**Headings in the Object Obliteration Analysis Worksheet**

* #
* Ref No
* Object description
* How/when did I acquire it?
* Feelings I had when I got the object in front of me and looked at it closely and manipulated it.
* What are my thoughts concerning where the physical object is located now or could be located?
* Logical thinking about whether to keep this item.
* What do you think most other people would have done with this object after they had finished using it?
* What do you think most other people would do with this object now?
* What would the people who deal with my stuff after I die, think of the object?
* Would this be of any interest to future generations of the family?
* Is this a unique item?
* Would this be of any interest to a museum or library?
* Are you going to KEEP this physical object or DISPOSE of it?
* Why are you keeping it or disposing of it?
* If you are going to dispose of it, are you going to keep a digital copy? YES or NO
* If you are going to keep a digital copy, why are you doing that?
* If you are going to dispose of it, are you going to obliterate it first? YES or NO or PART
* If you are going to dispose of it, how are you going to, and why are you obliterating or not obliterating?
* Having disposed of it did you end up obliterating? YES or NO or PART
* How did you actually dispose of it?
* How did you feel after disposing of it?